This year, New Beginnings is celebrating 45 years of serving survivors and the community of Seattle. (Can you believe it?!) We have deep gratitude for community partners like you who have supported this important work. This year, we will be sharing more stories from our history. We are excited to celebrate how we've grown to meet the needs of our community. So stay tuned and follow us on our Facebook and Instagram pages @newbeginningsendingdv!

We could not have had this longevity in our community without passionate partners like you.

45 Years of New Beginnings
Due to the sensitive nature of this material, all names and identifying details have been changed to protect the confidentiality of survivors; these blended stories represent the challenges and successes of many survivors who have used our programs. In addition, stock photography is used in most cases to further protect the ongoing safety of our current and past participants.

GiveBig is May 4-5

Save the date!

GiveBig Washington is coming up and we are looking for community members like you to help spread the word about New Beginnings. You can create a campaign page, share it with your networks and help us raise money for survivors.

Email Molly Lewis at mlewis@newbegin.org to get involved!

Want more information on how to empower survivors and mobilize our community?

Follow us online to learn more here!

www.newbegin.org
www.facebook.com/newbeginningsendingdv
www.instagram.com/newbeginningsendingdv

Real Rent Duwamish

We at New Beginnings acknowledge that our offices are on the unceded ancestral lands of the Duwamish people and as such now pay rent to the Duwamish people.

We strongly encourage you to visit reallrentduwamish.org to learn more.

Questions? Contact Rachelle at events@newbegin.org or (206) 926-3036

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2017: New Beginnings transitions to a Housing First model, establishing our Home Safe program in its current iteration.

2021: New Beginnings celebrates 45 years of serving our community.

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To turn this mission into reality, we facilitate a 13-week long course discussing such topics as gender stereotypes, power in society and relationships, and how to help a friend experiencing abuse. This year, we worked with more than 80 students. 100% of students passed our post-test, demonstrating increased knowledge and attitude changes around healthy relationships, consent, and bystander intervention. While we are teaching this class remotely, we’re thrilled to have our new Teen Portal website as an additional resource. There we have more information, quizzes, and resources to young adults about how to build healthy relationship. You can find that and more at teen.newbegin.org.

In our 45 years, we’ve learned that prevention work is one of best ways to end the cycle of domestic violence by stopping abuse before it starts.

One way we do this is with our Crushin’ In class is that we offer in Seattle middle and high schools. This work is extremely important, as 1 in 3 young people will experience an abusive or unhealthy relationship.

The guiding principle of this class is simple: we believe that all people deserve to have the healthy, happy relationships.

For 15 years, we have taught pre-teens and teens about expectations, strategies, and behaviors to create healthy relationships.

We’re Growing!
Given the success of this program, we are excited to announce that we will be expanding and hiring a new prevention educator! This role will continue the wonderful work our staff has been able to do in area schools educating young people about healthy relationships and facilitating community trainings for adult allies to teenagers. We can’t wait to share more about the work we’re doing with young people in Seattle!

Learning Photography During the Pandemic

During this pandemic, one of the most difficult aspects of providing services has been adapting our activities kids in our programs. Kids in our Home Safe program have been largely limited to their apartment units due to common areas in our Bridge Housing being closed. So our Youth and Family Advocates have been creating inventive ways for kids to get out of their homes to safely explore outside and socialize with people their own age.

In this spirit, we recently started photography group. A local organization called Youth in Focus is teaching the kids how to take pictures with dual manual/automatic cameras the organization provides. Over the six weeks of the class, the kids have taken pictures of nature, street photography, and even sparklers. One week, the kids went on a nature walk to learn how to take pictures of things “in motion.” The instructor taught them how to adjust the camera settings based on lighting, subject matter, and how quickly the subject is moving. The kids loved it, and loved the new opportunity to bond with one another! We can’t wait to share more opportunities for the kids to socialize next.

We often reference these jars in our Crushin’ It classes because it’s important for students to see positive relationship characteristics too. These images (created by Blessing Manifesting) explain what characteristics go into both a healthy and unhealthy relationship.

For more #toolkittuesdays, go to our Instagram and Facebook pages @newbeginningsendingdv!

ArtVault is an organization that provides black, indigenous, and people of color (BIPOC) artists in our community with the art supplies they need. For the past several months of the pandemic, ArtVault has given both adult and child participants in their programs with various implements. This has had a tremendous effect on participants and their ability to express themselves creatively during this difficult and incredibly isolating time. New Beginnings is so grateful for their work and wanted to share with you the amazing things they are doing! You can find them at www.artvaultseattle.com.
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1976: New Beginnings opens a small emergency shelter as a project of the Coalition on Women and Religion under the Church Council of Greater Seattle.

1981: The agency assumes responsibility for three community support groups.

1991: New Beginnings launches a community program to deliver services to survivors and their children.


2005: A social change program is started to provide the community with solid prevention and intervention education to help end the cycle of violence.

2017: New Beginnings transitions to a Housing First model, establishing our Home Safe program in its current iteration.

2021: New Beginnings celebrates 45 years of serving our community.