



# 2005

A N N U A L R E P O R T



ending  
domestic  
violence

*"I really appreciate New Beginnings because I didn't know how badly domestic violence had affected me or that I was a "real" domestic violence survivor until after I began coming to these groups."*

**New Beginnings' mission** is to provide shelter, advocacy and support to battered women and their children, and to change attitudes and social institutions that foster and perpetuate violence.

## report to the community

Dear Friends,

We hope that this report gives you a sense of what has been accomplished at New Beginnings in 2005: the lives that have been changed, the community support that makes it possible, and the hope that domestic violence can really be ended. Whatever your level of support, we thank you for being part of a community that is working toward change.



Susan Shay

As we write this we are marking our thirtieth anniversary, and contemplating the changes—in New Beginnings and in the battered women’s movement—over the years. A brief history is included as an insert in this report.

As we look forward, it’s important to look back: to learn from our experience, to celebrate successes and to plan for the future. Two surveys, decades apart, tell part of the story. The first survey, from the 1960’s, reflects the reality that for 10% of the respondents, slapping one’s spouse on “appropriate occasions” was acceptable. The second, undertaken in 2006, found that 63% believe domestic violence to be a “very serious” or “extremely serious” problem in the U.S. today. What a remarkable change in attitude!

Changing attitudes has been crucial in this movement. It gives those who are abused the courage to speak up, it makes it clear to those who abuse that their behavior will not be tolerated, and it makes critical policy and institutional changes inevitable.

Thank you for your involvement and support, and for your commitment to creating a world where there are no “appropriate occasions” for abuse. And thank you especially for creating a world in which loving relationships are the norm.



Lois Loontjens

Sincerely,

Susan Shay  
BOARD PRESIDENT

Lois Loontjens  
EXECUTIVE DIRECTOR

# who we and

Thank you for helping  
me stay safe from  
my Dad.



Artwork given to  
Emergency Shelter  
children's advocate  
Teryn Peroff.

**New Beginnings** serves women and children who have experienced violence and abuse in their homes. They come from a broad range of communities and backgrounds, and may have suffered multiple forms of ongoing violence including physical battering, sexual assault, emotional abuse and stalking.

New Beginnings is the major provider of domestic violence victim services in Seattle and Shoreline. Three service programs – Emergency Shelter, Transitional Housing, and Community Advocacy – provide resources and support to those in need.



In addition to our three direct service programs, the **Social Change** program was introduced in 2005. Through expanding community training and youth outreach, this program focuses on domestic violence prevention and education. Teen advocacy in local high schools presents dating violence prevention curriculum and helps young people recognize and avoid abusive relationships. Other trainings for volunteers, advocates, and professionals in healthcare, education, and human resources are increasing awareness and knowledge of domestic violence issues.

The 21-bed **Emergency Shelter** serves approximately 300 women and children each year. We are committed to providing a safe and welcoming temporary home for these guests: a place they can find hope and healing. The length of stay is 28 days. The shelter is staffed 24-hours a day, and provides for basic needs, including food, clothing, personal care items, and bus tickets. Services include safety planning, individual advocacy, parenting classes, support groups for women and children, chemical dependency services, children's advocacy, links to community resources such as education and job training programs, and access to permanent housing resources. Specialized legal advocacy is available, interpreters are provided as needed, and regular physical and mental health screenings are available.

Photos this page and on the cover are of models, not program participants.

# serve what we do

In our **Community Advocacy** program, those currently in an abusive relationship and those who have left an abusive partner find the support they need. CAP offers support groups and one-on-one advocacy-based counseling, screening for a weekly family law clinic, a chemical dependency/ domestic violence support group, legal advocacy and parenting classes.

The **Transitional Housing** program is a community of 17 furnished apartments for single women and women with children. Each household may stay for up to eighteen months, paying for program services at an affordable rate of one-third of income. During this transitional period, residents are able to rebuild and restructure their lives and pursue their goals including finding permanent housing, achieving self-sufficiency, and increasing work or life skills. In 2005, 15 households moved into permanent housing after their stays in the program. Upon exit, a portion of the program fees are refunded to each household as seed money for their transition.



In these programs we provide a safe environment where women can connect with personal and community resources and children can connect with caring adults. We offer information and support to each woman, respecting her decisions and recognizing her strengths.

All of our programs are working at full capacity. In 2005, nine people were turned away for every one person admitted to the Emergency Shelter. On average, 18 women apply for each vacancy in the Transitional Housing Program. Over 400 women participate in neighborhood support groups. Our 24 hour Crisis Line receives 9,000 calls each year, responding to callers in imminent danger, those

seeking a support group or referrals, and also concerned family members and friends of victims who want to help. The Crisis Line is the gateway to all of our services and advocates are a critical resource for women in crisis.

The staff of 40 has been with the agency an average of four and a half years. Seventeen relief workers ensure that services are available around the clock, every day. Volunteers – 140 in 2005 – expand the agency's reach and demonstrate the power of a committed community.

*"I feel better about myself now and know I don't deserve to be abused"*

Rooted in our guiding principles, our work over the last five years has been focused in three key directions. The uniting theme has been building balance — between services for women and children, between responsive services and prevention, and between New Beginnings’ capacity and the community’s capacity to address domestic violence.

## 1.

### balancing services for women with services for children and teens

- We now have two children’s advocates in each direct service program.
- The entire New Beginnings staff receives training on children’s issues.
- We have developed outcome measures for children’s services (i.e., children are able to positively engage with at least one adult, and develop an age-appropriate safety plan). Our success rate has climbed from 73% the first year to 81% in the third year of reporting.
- The Community Advocacy Program now offers a fourteen-week parenting class three times each year.

With an emphasis on youth involvement and community outreach, the Social Change team is providing prevention services, professional training, and community outreach that encourages healthy intimate partner relationships and promotes violence free lifestyles.

SOCIAL CHANGE PROGRAM STAFF (LEFT TO RIGHT):  
AmeriCorps member Rebecca Goldberg, Director  
Emily Emerson, Volunteer Coordinator  
Billie Miller, AmeriCorps member Sarah Tran, and Dating Violence  
Prevention Advocate Adrienne Bandlow.



# REPORT ON THE 2001 – 2005 STRATEGIC PLAN

## 2.

### addressing the roots of domestic violence by working toward social change

- The major result of this new emphasis has been the creation of a new Social Change Program.
- We promote active anti-racism work and increasing cultural competency.
- The Board recruitment team has a renewed emphasis on diversity.
- We prioritize the involvement of program participants and other survivors in lobbying, training, leadership and education.

## 3.

### approaching domestic violence as a community issue and community responsibility

- New initiatives have included work that promises to improve intervention, services and community response to children and teens.
- New Beginnings provides prevention education in local schools.
- We are developing new and expanded partnerships with other non-profit and public agencies on joint efforts.
- New Beginnings is sharing expertise and experience with individuals and agencies through training and public speaking.
- The Board Public Affairs Committee is increasing New Beginnings' exposure in the community.

With these approaches, New Beginnings is achieving more balance in our service and programs. As we continue strategic planning for the future, our core values and principles guide further development as a dynamic, committed, and collaborative force to end domestic violence.

# financials



Emergency Shelter  
women's advocate  
Nikki Dally at work  
in the garden.

## statement of financial position\*

December 31, 2005

### Assets:

Current Assets	\$ 1,266,193
Property & Equipment	\$ 1,782,208
<b>Total Assets</b>	<b>\$3,048,401</b>

### Liabilities:

Current Liabilities	\$ 310,700
Long-term Liabilities	\$ 1,098,508
<b>Total Liabilities</b>	<b>\$ 1,409,208</b>

### Net Assets:

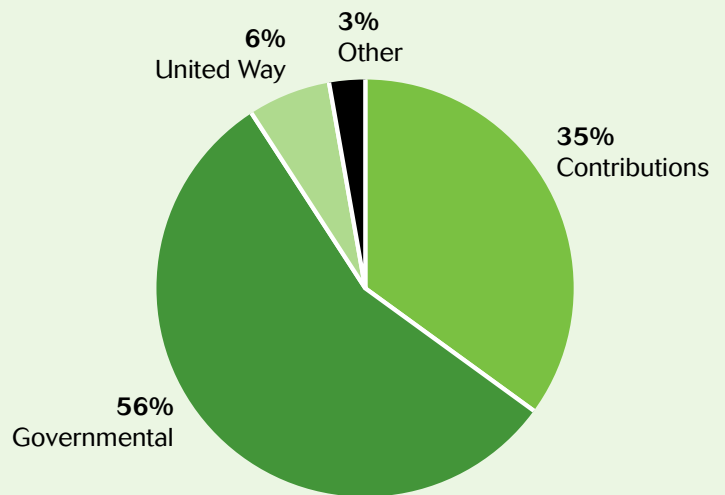
Undesignated	\$ 295,430
Designated	\$ 604,452
Property & Equipment	\$ 576,857
Temporarily Restricted	\$ 162,454
<b>Total Net Assets</b>	<b>\$ 1,639,193</b>

**Total Liabilities & Net Assets** **\$3,048,401**

\*Independent Audit by Peterson Sullivan P.L.L.C., Certified Public Accountants

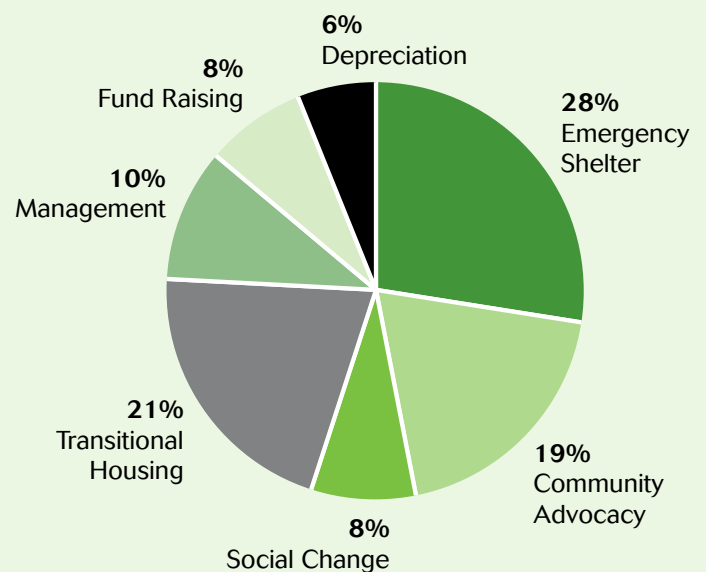
## 2005 revenue

\$2,274,383



## 2005 expenses

\$2,398,810





## the community supports us

New Beginnings' annual gala was held on May 6, 2005 and raised more than \$225,000 for program services. The event was sponsored by 21 corporations and attended by over 350 guests. We extend our heartfelt thanks to all of you who helped make this event so successful.



*"The New Beginnings Gala is my most favorite event of the year! It's a wonderful way for the community to come together to support the women, children and families that we*

*serve. I always feel touched by the stories of the survivors, as I know their journey was long, but they made it!! And in addition to it all, everyone always looks so dapper!!!"*

**Ebony Davis, Community Advocate**



LEFT TO RIGHT:  
David Martin, Board member and featured speaker; Aurora Almeda-Martin; Jesse Pannoni and Amy Koziak, Event Chair; Susan Shay, Board President; and Dennis Shay.



## A Mother's Courage A Child's Future

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we sincerely thank you

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Social Change Program Director Emily Emerson and Community Advocacy Program Manager June Wiley represent New Beginnings at a rally against domestic violence.

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The week before Christmas, staff from Holland America Line arrived at New Beginnings' administrative office with a Gray Line bus filled with gifts for our residents and program participants! We thank them and all of the generous groups who helped in our "adopt-a-family" program.

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| Marion O'Brien                       |  |                                   |

*"Even if I feel like I'm a three (on a scale of 1-10, one being lowest) when I get here, I always feel more like an eight or nine (better) when I leave"*

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The 2nd Annual Bridal Bowl was attended by over twenty bowlers dressed in formal wear. Host Jill Gallagher collected \$300 and many boxes of school supplies, books, toys, and personal products for the women served by New Beginnings. Pictured is volunteer Terri Gilbert.

Sunny & Jeff McArthur  
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*Victims of Crime Act*  
*Crime Victims Assistance*

**OTHER**  
United Way of Seattle/King County



*"Being a survivor myself, I chose instead*

*of getting mad to do something positive about it. So I am a steward of hope, inspiration, encouragement, truth, justice, courage and love. Because for so long women have*

*been victims of DV with no voice, it is our job to also make sure they are not forgotten or overlooked and receive services to help them become safe and stable members of society."*

**LaTanya Horace, Emergency Shelter Women's Advocate**

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*"I volunteer on the Crisis Line weekly. I recently had the chance to observe one of New Beginnings' support groups and was thrilled to see how far these women had come [since I first spoke to them on the Crisis Line]. This really works!"*

**Marcia Helme, Crisis Line Volunteer**

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United Way's "Day of Caring" in September was a wonderful success, with teams of volunteers from Microsoft and Swedish Health Services sprucing up New Beginnings Emergency Shelter and Transitional Housing Programs. Over 50 volunteers spent the day painting, planting, and building.



Two Microsoft employers at work at the Transitional Housing Program on United Way's Day of Caring.

**SPECIAL THANKS TO:**

Jeff Hoffelner  
 VOLUNTEER DATABASE SUPPORT  
[www.outsourcedsystems.com](http://www.outsourcedsystems.com)

Deborah Taylor Smith  
 VOLUNTEER NEWSLETTER FORMATTING  
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Kate Phillips

Cassandra Schuler

Michelle Scudder

Stacy Torres

Lorinda Tsai

Shannon Waley

*"I like knowing my energy is in direct support of the good work our caring people bring to the desperate plight of victims of domestic violence. New Beginnings is actively working to educate businesses, schools and the community on how to recognize signs of DV and send a clear message that domestic violence is not OK. I am pleased to be a part of this committed group."*

Judy Simpson, Board Member



Relief worker Evelyna Acedilla and children's advocate Vong Luangphaxay enjoy the Fall Festival, the annual appreciation event for New Beginnings staff, volunteers, and supporters.



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