



New Beginnings empowers survivors and mobilizes community awareness and action to end domestic violence.

CO-FACILITATOR VOLUNTEER POSITION DESCRIPTION

Share presence and provide domestic violence education to women in a support group setting.

HOURS:

Mondays, 10:15am-12:45pm

Tuesdays, 5:45pm – 8:15 pm

Wednesdays, 5:45pm – 8:15pm

Thursdays, 5:45pm – 8:15pm

LOCATION: North Seattle & Shoreline

MAJOR RESPONSIBILITIES:

New Beginnings provides services to those whose lives have been affected by domestic violence - physical, emotional, or sexual abuse. Some who use our services are in physical danger. Others are living with controlling partners in relationships that are emotionally abusive. In this position, you will directly impact the lives of those experiencing domestic violence. Support group is an essential step in the recovery and clarity process for survivors. Be a part of this amazing journey by working with a staff member to facilitate key topics around domestic violence. Specific responsibilities include:

- ✓ Co-facilitate group utilizing the empowerment model to reflect back what you're hearing, validate experiences, and provide domestic violence education.
- ✓ Prepare refreshments and snack for group; prepare room and arrange seats
- ✓ Greet participants when they arrive
- ✓ Ensure hand-outs are ready
- ✓ Take initiative to keep the group conversation flowing if staff member briefly steps out
- ✓ Check in with advocate prior to group to see how the flow will go that evening

REQUIREMENTS: Becoming a volunteer at New Beginnings is a rewarding and engaging experience that requires a serious commitment! Requirements include:

- ✓ One-year commitment to agency (min. six-month commitment to position), 4 hours each week
- ✓ Attend Domestic Violence Volunteer & Advocacy Training
- ✓ Respect of others' individual choices and values
- ✓ Prior group facilitation experience—may be flexible with facilitator approval
- ✓ Open to feedback, adaptive, and comfortable speaking in a large group setting
- ✓ Great listener, familiar with active listening techniques (including normalizing experience, validating, repeating back, allowing space between shares)
- ✓ Communicates clearly, compassionately and expresses oneself with patience and flexibility.
- ✓ Experienced at working collaboratively

BENEFITS: At New Beginnings, you'll find a close-knit group of passionate, dedicated professionals working with program participants and other community members to end domestic violence. You'll be a part of this mission, working towards the elimination of violence. You'll also develop or refine your advocacy skills and deepen your understanding of domestic violence.

If interested, please visit our website at: <http://www.newbegin.org/get-involved/volunteer> or contact the Community Engagement Coordinator at 206.926.3016 for next steps!